

Ref: 451143 – Survey of the Experiences of People with Health Problems or Disabilities

Sources of information for help and advice

July/August 2007

1. Directgov website - <http://www.direct.gov.uk/disability>

The government is making it easier for you to access information and services through a website called Directgov. It provides [information for people](#) with health problems and disabilities and for carers such as:

- Attendance Allowance, Disability Living Allowance and Carer's Allowance
- Financial support
- Home and housing
- Employment
- Rights
- Independent living

The sections also contains links to hundreds of national charities and other disability-related organisations.

2. Benefit Enquiry Line

Confidential advice and information for people with health problems and disabilities, and their carers and representatives, about social security benefits and how to claim them.

- **Phone:** 0800 88 22 00 (Free)
- **Textphone:** 0800 24 33 55 (Free)

Lines are open between 8.30am and 6.30pm Monday to Friday and between 9.00am and 1.00pm on Saturdays.

3. Jobseeker Direct

The latest job vacancies and help finding the job that is right for you. For anyone who is looking for work. Please call the number below or visit your local JobCentre Plus.

- **Phone:** 0845 60 60 234 (Local Rate)
- **Textphone:** 0845 60 55 255 (Local Rate)

4. The Pensions Service

You can phone The Pension Service Monday to Friday from 8.00am to 8.00pm.

- **Phone:** 0845 60 60 265 (0845 60 60 275* for Welsh speaking customers living in Wales) (Local Rate).
- **Textphone:** 0845 60 60 285 (0845 60 60 295* for Welsh language) (Local Rate).